

Fetal Symbology

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ISBN 978-0-9904799-3-2 e-book

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Disease Symbology Handbook
Dream Symbology Dictionary
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Mind Matters

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Fetal Symbology

Introduction

My curiosity about the symbolic significance of things led me to examine the development of a human being. From fertilization through development of the fetus is an interesting energetic and symbolic journey.

What stimulated my curiosity was something I came across in the embryology textbook I bought. It made me think this would be an interesting study to see how a human being is constructed and what are the

processes. Then I thought I would go through those processes examining them from a symbolic point of view to see if they are within the fundamental flow of the symbolic numerology of the Universal Teachings.

This book is about the basic beginnings of a human life and how that reality is created. By looking at fetal development, I felt there might be some interesting insights or another form of validation of the Universal Teachings. These particular principles found in the Universal Teachings are the foundation of our reality and are applicable from the start.

I trust you will find this as fascinating as I did. If you are a medical student or physician then I know this will add another dimension to your understanding.

In Langman's Medical Embryology it states, "Embryology and the field includes the investigations of the molecular, cellular and structural factors contributing to the formation of an organism."

I read in the embryology book that what takes place during fetal development can set the stage for future diseases. The way I thought I would present the symbolic significance of the fetal development is to quote from the book, then explain what it means to me from the symbolic point of view. For me to paraphrase is one thing, but I would rather give you the way it is written by these physicians and scientists about what is known, then the symbolic implication in the unfolding process.

Material Reality

All of material reality is an energetic mass. You hear the concept in Eastern philosophies that it is an illusion. On one level, that may be true. However, it is the illusion we are looking at and it is the one we are living in. So, you have to take a position on how does one live within this illusion and what is its purpose. It also raises the question

of "how should I be in this illusion? Should I disconnect from it? Is there any real growth in withdrawal?" The answer is no.

It takes active participation in identifying the particular energies and forces of the material plane that affect you in both positive and negative ways. Seek to understand why the negatives occur and what you can do to turn them around.

The information presented here is toward that end. All occurrences in life are symbolic forms of communication from your Spiritual Self to your Emotional/ego Self. The Spiritual Self guides you and lets you know when something is amiss. It is in your best interest to become symbol conscious and learn to see the energy behind the action, to see the thought behind the manifestation.

Whatever it is you want to manifest, you need to work at it. On the physical level, one thing to remember is that your mind is an electromagnetic generator. This is one of the reasons brain waves can be measured. Your mind operates at 10hz like a radio station. because of that you can tune into any desire or want. It also functions like a magnet combined with a computer. I say magnet because you are always attracting or repelling things, such as money and people from your life. This is because everything is composed of atoms.

Atoms are electromagnetically charged particles having either a positive or negative energy. Whatever you are experiencing is what you are drawing to you at any given moment.¹ Everything that happens, including dreams, smells, feelings ... these are all forms of communication that your Spiritual Self is giving your Emotional/ego Self to help you understand what you are going through.

Cells

When it comes to cellular development, the bone cells are the longest living cells that go through the process of cellular division known as

¹ Ask, and it shall be given you... Matthew 7:7

mitosis. There are three groups of cells with self correcting mechanisms. They are the brain/nervous system; heart and the GALT, gut associated lymphoid tissue.

The bone cells are completely replaced every seven years. This implies that on one level you have a new body, well almost new every seven years. The self correcting cells may not age so quickly depending upon the nutritional status of your body. Aging and disease occur because of a few different factors, nutrition being a major one. Another contributing factor is chemical and free radical damage causing the corruption of cells. The ongoing aging process which based on diet affects each of us differently.

Some people at forty, based on diet and personal habits, can look like they are seventy. Then you see someone who is seventy who looks like their in their late forties or fifties. Everything, from a different point of view is based on the diet. There are two diets at work. The diet of substance and the diet of thought. These same factors also affect fetal development.

In the January 31st, 2013 Parade magazine published an article that caught my interest. The headline was "Scientists investigate freaky fish." "A mysterious condition is causing fish in rivers across the United States to exhibit both male and female sex characteristics." How's that for an interesting sign/omen/symbol of our times? It goes on to say, "A recent study by the US Geological Survey found so-called intersex fish at about one-third of the sites tested in Appalachia, Colorado, Columbia, Mississippi, down around Mobile, the Rio Grande, Savannah and Yukon river basin. The condition affected a third of male small-mouthed bass and a fifth of all male large-mouthed bass."

Think about what's going on in the environment to create that scenario. One cause is hormones in the food supply. The hormones are coming from the food we eat and as we eat we create by products such as urine and fecal matter. This waste is in the water system and even after filtering some of the chemicals remain in the water.

I had a neighbor who had a few cows on his property. I noticed one day that a few of the calves were gone. I questioned him about this and he told me he shipped them off to a feed lot. He told me at six months old the calves weigh around six hundred pounds and then they go to a feed lot for about six weeks. Where they are fed special food in addition to hay. In that six week period They gain a hundred or more pounds per week, and at 1200 pounds they go to the slaughter house.

They are feeding the animals steroids and hormones to have them retain fluid and speed up the growth process. The hormones not used by the body end up in the fat and that we consume. Sometimes in the milk other times in the meat and fat itself. Additionally you have men and women who are also given hormones. Some of those chemicals are being urinated out and end up in the water supply. Is there any question why the fish are in the state that they are?

This is one of the reasons why it is vital for people, especially pregnant women to eat and drink clean water and foods. Hormones are being recycled in the drinking water. An example of this result is young girls beginning to develop breasts at 9 years of age. The chemicals in our water and foods is out of control.

Another article I have refers to how diet affects depression and that research teams are providing new reasons to eat a healthy diet. Another aspect of clean living is the reality that thoughts play a major part of your development.

The British Journal of Psychiatry reports that people who regularly consume fish, fruit and vegetables reduce their chances of suffering from depression. The research noted the protective affect of a whole foods diet. It said that a diet of processed meats, sweets, desserts, refined cereals and high fat dairy products seem to influence depression. Diet makes your body on one level. Thoughts on another.

In the preface of the embryology book I read the following statement: "birth defects are the leading cause of infant mortality and a major contributor to disabilities." What would create a defect? A lack of the

proper *amount* of the building materials necessary and/or an overabundance of detrimental material, such as preservatives, flavorings and coloring agents to name a few, in the body. The cells will utilize whatever material is available and incorporate it during cellular division thereby creating cellular or molecular defects, which in turn over time will create cellular degradation.

The book goes on to say, “In fact, both our cognitive capacity and our behavioral characteristics are affected by our prenatal experience, and factors such as maternal smoking, nutrition, stress, diabetes, etc. play a role in our postnatal health. Furthermore, these experiences in combination with molecular and cellular factors determine our potential to develop certain adult diseases, such as cancer and cardiovascular disease.” Here they are talking about preconception, pre-fertilization, and saying that all of these extraneous factors will influence the ultimate development of a child.

It is really wonderful that the contributors to the textbook acknowledge that the prenatal experience has a lot to do with postnatal reality. The prenatal period is one of the causes why there are two types of children, on some levels. I refer to them as the goody-two-shoes and the hell-on-wheels personalities.

The goody-two-shoes child is the one who adheres to the family traditions, values and standards. The pregnancy with this child was easy and desired. There were no conflicts within the relationship on any level. The outcome is that the girl will be like mom and the boy will be like dad.

The hell-on-wheels child has a completely different personality. This person is difficult from the beginning. Some causes may have originated when the woman became pregnant. Maybe she did not want to be pregnant, not sure she wanted to stay in the relationship or thought the house was too small. Other considerations such as there is not enough money, career comes first ... there are all kinds of reasons. All that does is set up a feeling of rejection, the woman for whatever her reasons did not want to be pregnant nor did she want to have a child.

That child when it is born will create rejection in everything that it seeks to do throughout its life because it felt rejection and thinks that rejection will guarantee its mother's acceptance.

From this child's point of view, rejection is a form of acceptance from mom. This was the predominant energy at the time and the child makes the association that this is love and acceptance. Every soul that enters into the material plane through a human being wants to return home to the spiritual plane by having that human being's acceptance ... and that person is mom.

If a person is going to be like his/her mom, their companion is going to be the same as the dad because they're going to live up to that ideal of a male-female relationship. Since I am a male, then I am going to be what my mom's concept of men is and it will be exemplified by my dad. That is the type of man I am going to be.

Every soul, even before it enters into the fetus, already sees and knows some of these energies at work. Then when the soul enters into the body ... and here is another aspect of influence ... it is further setting the stage for the unfolding relationship between mother and developing child.

Going back to the textbook, it states, "...these experiences in combination with molecular and cellular factors determine our potential to develop certain adult diseases, such as cancer and cardiovascular disease." It is interesting because cancer is generally the result of anger, frustration, resentment and or guilt. This is one reason why it is so rampant.

Remember, everything is connected and influences everything else.

Cardiovascular disease symbolically and energetically represents emotional turmoil. The heart is symbolic of emotions. Just look at television to see how you are being programmed and conditioned to have this or that, and you end up with nothing but frustration and emotional turmoil because your life is not like what they display on televi-

sion. No one's life is what they portray on television, and for some they will never achieve that life. This causes emotional frustration.

Secondly, because of the American diet is laden with fried and fatty foods the arterial system clogs, diminishing the amount of blood flow to the heart and brain. When you diminish the amount of blood flowing to the brain, you starve it of nutrients and oxygen. This too is another cause of the rise in senility, dementia and Alzheimer's disease.

Blood is symbolic of spirit. The reason is because blood carries oxygen throughout your body and feeds every cell including your brain. God lives in the heavens and the heaven is composed of air/oxygen. Oxygen is symbolic of Spirit. Therefore blood is symbolic of Spirit as well because it carries oxygen/Spirit/God.

You can begin to see that by choosing particular foods how they can hinder your spiritual growth. Many of the foods you eat end up adding material to the clogging of the arteries, blocking the amount of blood flow and oxygen (symbolic of spirit) going to your heart and brain. Your brain needs oxygen (spirit) to inspire and motivate you.

Development

In reading the book, every time a number came up, it would catch my attention because of the symbology associated with that particular number. For me it was another validation of the Universal Teachings approach to numerical symbology. All of us require validation on different levels in many different arenas. It's not that I require validation to know that what I believe and what I've been working with for the last forty years is accurate in every situation and never fails. Its just good to see it in practice consistently. The Universal Teachings will provide you with information you need to live a full and productive life. Of course it's up to the individual to go out and apply those understandings.

On page 4 of the textbook it gives the history of embryology. "The process of progressing from a single cell through the period of establish-

ing organ primordia, the earliest stage of development, (the first 8 weeks of human development) is called the period of embryogenesis (sometimes called the period of organogenesis); the period from that point on until birth is called the fetal period.”

It's interesting that they say it's the first 8 weeks is the genesis of the embryo. If you have my book "Disease Symbology Handbook" there is a section on numerical symbology. The number eight (8) represents material mastery. From the very start it all begins with a single fertilized cell. From a different point of view what else is a single cell? It can be a thought, an idea, an inspiration, a hope, a dream? Whatever it is, in order for you to manifest it from a single cell to the manifestation in physical reality is an aspect of material mastery. Here it's says that for the embryo to develop, from single cell to embryo is an 8 week cycle.

The next thing I came across 44 were the words of a couple of clinicians ... "The association between the drug and birth defects was recognized independently by two clinicians, W. Lenz and W. McBride and showed that the conceptus was vulnerable to maternal factors that crossed the placenta. Soon, numerous animal models demonstrating an association between environmental factors, drugs, and genes provided further insights between developmental events and the origin of birth defects.”

It is interesting how so many diseases do not necessarily manifest until much later in life, but the seeds for those diseases are planted in the past during embryogenesis and during fetal development.

I was reading an old issue of Scientific America, and there was an article about the chemical BPA (Bisphenol A). What was interesting about it is that BPA is the lining of many things including soda cans. They discovered that even minute amounts of this particular chemical substance alters genes and DNA within the cells. What's even more disturbing is that if you're pregnant the developing child is also affected. It reminded me of a statement from the Old Testament, "The sins

and iniquities of the father will be passed on to the third and fourth generations.” Numbers 14:18

Here we're seeing two generations being affected just from a minute particle of a particular chemical. Between BPA as well as phthalates, used in plastics which are being leached out of the plastics you can see one of the many ways that cellular damage is occurring. The phthalates are considered endocrine, gland, disrupters. If you think about the amount of bottled water that's being bought and the amount of soda being ingested, not to mention the fact also that BPA is inside the lining of almost all food cans you can see one of the reasons Americans are so sick.

This is one of the reasons why I continually go back to promoting a good clean diet. It is paramount, not only for where you are today but especially if you're a young person, you're thinking about getting married, having children, it's vital.

The beauty about living a healthy, organic life is that it slows down the aging process and it hinders the development or the rapid progression of aging and disease up to and including cancer.

Organ Formation

The next thing in the textbook that I highlighted is this statement. “There are approximately 35,000 genes in the human genome, which represents only one third of the number predicted prior to completion of the Human Genome Project” What I found interesting about that is that if you take 35,000 and drop the zeros then add the 3 and 5, you get 8. Again, we see that material reality is built around the number 8, which in symbolic numerology represents mastery. Carrying the math further and based on their statement that 35,000 represents only a third, you will end up with 105,000 genes. When you drop all the zeros at the end you get 105 and adding that up gives you a 6, the number of man because he/she was created on the 6th day.

On page 7 of the textbook is “Induction and Organ Formation,” which states “Organs are formed by interactions between cells and tissues. Most often, one group of cells or tissues causes another set of cells or tissues to change their fate, a process called induction. In each such interaction, one cell type or tissue is the inducer that produces a signal, and one is the responder to that signal.”

With this in mind I would have you think about today and your life. What’s going on? Are you the responder or the inducer? Every thought you have sends out an energy. Your thoughts are either drawing energy to you or they are repelling energy.

It’s interesting they use the statement that tissues or cells change their fate. How many thoughts have you had and acted upon that have literally changed your fate, your journey. I’m not into fate, I don’t think things are predetermined. That would be in contradiction to the whole concept of free will. Although you may have seen in my writings some instances where I have said you don’t have a choice to exercise your free will because if you go this way or that way, you’re going to hurt some people. In some instances, you may find yourself in a place where you almost don’t have a choice in a situation, unless you can completely detach yourself emotionally and go through the transaction without guilt or remorse.

As a spiritual conscious human being, you’re seeking to be more enlightened and you realize that everything you do has effects. In some instances, detrimental consequences. Because of that, you have to be clear about what you are inducing and what you are responding to.

I was talking to a friend about a situation between themselves and another. I wondered and asked “who started it from your perspective.” I then posed this question, “Are you responding to them based on them responding to you?” The point is in every given situation, you are 100% responsible for it no matter what. This is in keeping of the Doctrine of Personal Responsibility, which means that whatever is going

on in your life, is your creation. This understanding can bring balance and harmony to a situation.

Try this exercise. Close your hand the way you would if you were pointing to something or someone. The finger you're using to point is considered symbolically your emotional finger. You use it to blame others for what is going on in your life. Your thumb is your will because because you use it to grasp and hold a thing. Try grabbing something without your using your thumb, you will find that either you can't do it or it is extremely difficult to maintain a grip. The middle finger ... the one that people show you every now and then. When someone does that, thank them. The middle finger represents aspiration because it's the tallest finger on your hand. Your fourth finger is your social finger. This is where your wedding band goes, your school rings are worn there too. Your little finger is your ego, which is the smallest and should be disappearing. That is the goal without cutting off your little finger, is to eliminate your ego completely. Now look at your hand as you point to something. You will notice that three, symbolic of understanding, of your fingers are fingers pointing back at you, which tells you that whatever is going on, you too are ultimately responsible for it in one form or another.

First Week of Development

Ovulation to Implantation. Here's what is said in the book: "At the beginning of each ovarian cycle, 15 to 20 primary-stage (prenatal) follicles are stimulated to grow under the influence of FSH. [Follicle Stimulating Hormone] Thus, FSH rescues 15 to 20 of these cells from a pool of continuously forming primary follicles. Under normal conditions, only one of these follicles reaches full maturity, and only one oocyte is discharged ..." Again, going back to numbers, 15 turns out to be a 6 and that represents man. 20 is a 2 and represents balance and harmony.

I'm going to jump to the end of the book for a second because it astounded me how many things take place in the body by 2's. There are many processes when cells fold over. They form neural tubes,

channels and whatever is necessary. It is interesting that it takes 2 cell groups to come together and fuse to form a new cellular construct. This demonstrates for me the point that we are a spiritual beings in a material body. We are also male and female in one. This is highlighted in the Universal Teaching “when the two become as one” Genesis 2:24 KJV and in the Gospel According to Thomas # 106 When you make the two one, you shall become sons of Man, and when you say: Mountain, be moved, it will be moved.....

Back to the follicle stimulating hormones which facilitate the growth of the follicles. What’s interesting is that only one follicle reaches full maturity and only one egg is discharged at a time. One (1) represents unity.

Continuing with the textbook, “Once the oocyte, (a cell in an ovary that may undergo meiotic (cell) division to form an ovum, egg) is in the uterine tube, it is propelled by peristaltic muscular contractions of the tube and by cilia in the tubal mucosa with the rate of transport regulated by the endocrine status during and after ovulation. In humans, the fertilized oocyte reaches the uterine lumen in approximately 3 to 4 days.”

Again, either understanding (3) or advancement (4) is at work. When fertilization does not take place, there are many reasons for that, such as absence of sperm as an example. If there is fertilization and there’s a miscarriage I would put that event in the category of the number four (4) since four (4) represents either an advancement or a block in forward movement. The opposite interpretation is possible for all numbers. The interpretation is dependent upon what is taking place at the moment. The miscarriage represents a blockage.

“If fertilization does not occur, the corpus luteum (a hormone-secreting structure that develops in an ovary after an ovum has been discharged but degenerates after a few days unless pregnancy has begun) reaches maximum development approximately 9 days after ovulation.” Nine (9) represents cleansing. You have 9 openings in your body to bring in new, fresh material and to eliminate waste. The ‘new’

openings are the 2 eyes, 2 ears, 2 nostrils and the mouth. Which adds up to 7 openings. To rid the body of waste it uses, the anus and urethra. These make 2. Adding them together gives you 9.

I have women say to me, “Well, wait a minute. We have a period and that’s a cleansing thing.” Yes, but it’s not an ongoing process. It starts and ends at a particular age. This is not an ongoing essential process. It is however an essential part of the reproductive system, which is entirely different than the concepts I’m referring to.

Through those nine (9) openings you ingest new material, new information, to nourish yourself, not only physically but spiritually. Then the two fundamental channels for eliminating waste facilitate the removal of that which is no longer beneficial and that which no longer serves you.

It’s astounding how many people deal with constipation or think that having a bowel movement once very three to four days is normal. It is not. It could be considered a mild state of constipation. Constipation is symbolic of holding onto old and useless concepts/ideas. When a person is constipated the liquid in the colon which contain toxins is reabsorbed into the blood stream which damages cells. The fecal matter that is not removed can over time create major health issues.

Reading further, the textbook says, “Spermatozoa may remain viable in the female reproductive tract for several days.” What I found amazing is that “only 1% of sperm deposited in the vagina enter the cervix ...” What’s interesting about sperm and fertilization is that it takes a minimum of 15 million sperm per milliliter in order for a man to be considered fertile. Anything under the 15 million is considered to be sterile. Here’s another example of symbology at work. When you add the 1 and 5 together you get 6. This is the symbolic number of man because he was created on the sixth day.

The book goes on to say, “Movement of sperm from the cervix to the uterine tube occurs by muscular contractions of the uterus and uterine tube and by their own propulsion. The trip from cervix to oviduct requires a minimum of 2 to 7 hours.” Looking at this symbolically the 2 represents balance and harmony, 3 is understanding, 4 is an advancement or a block, 5 represents the number of senses, 6 is the number of man² and 7 is a cycle. ³Sperm become less motile and cease their migration after 7 hours.

“Capacitation (a particular action) is a period of conditioning in the female reproductive tract that in the human lasts approximately 7 hours.” Again, cycles. Everything runs in cycles ... opportunities, timing.

“Phase 1: Penetration of the Corona Radiata (The corona radiata is associated with the corticospinal tract, the corticopontine tract, and the corticobulbar tract) Of the 300 to 500 million spermatozoa normally deposited in the female genital tract, only 200 to 300 million reach the site of fertilization. Only one of these fertilizes the egg.” You can begin to see that conception is truly an amazing miracle. In the same sense you can see how difficult it is to manifest a desire. You must put a lot of energy into achieving what you want. The energy can take many different forms such as money, time, patience and of course determination.

“In the human, both the head and tail of the spermatozoon enter the cytoplasm of the oocyte, but the plasma membrane is left behind on the oocyte surface. As soon as the spermatozoon has entered the oocyte, the egg responds in three ways ...” again we see symbology at work with three representing understanding. You have to love it.

The way that sperm and egg interact reminds me of the way a virus works. Viruses are not necessarily living entities, so to speak. They

² Genesis 1:26 thru 31

³ Genesis 2:2

are either active or inactive. That's why there is no true viral vaccine because once they're outside of the host, they're inactive. When they enter a host is when they becomes active. One of the things a virus does immediately is find a cell and burrow into the cell and it then alters the DNA of the cell so that it can replicate itself. Then the cell will end up bursting and you'll have 500,000 little viral guys running around your body making you very sick. But here's the catch and why the body ultimately heals itself. Just like sperm entering into the egg and leaving a part of it behind, the plasma membrane, in a virus I would have you think of it in the same way. That it too leaves something behind.

The virus leaves a "coat" on the outside. It snuck in wearing a raincoat, and now that it got in it's leaving the raincoat behind because it doesn't need it. The immune system identifies that raincoat and that's why it's able to destroy the virus once it has a fix on it. It doesn't matter what's inside the raincoat, all that matters is what's outside. Now your immune system has something to attack. That's why viruses don't always kill us all, because eventually your immune system, depending upon how healthy it is, will identify the viral coat and eliminate it.

Continuing on "Immediately after DNA synthesis, chromosomes organize on the spindle in preparation for a normal mitotic division. The 23 maternal and 23 paternal (double) chromosomes split longitudinally at the centromere ..." Breaking down the 23 into 2 + 3 and adding them together will yield the number 5 and 5 represents our senses. It is our senses that connect us to material reality. Remember, we are spiritual beings in a material body, and we are connected and immersed in material reality through our senses and emotions.

The emotions have many effects upon the body from stimulating feelings of joy, relaxation and peace to stress and tension. These later emotional responses will have devastating affects upon the body over time. In some instances they kill. The emotions can also distort reality. This brings to mind the expression "you see what you want to see and hear what you want to hear."

Heres a great example of emotions at work and how they can distort the truth of a situation. When you are deeply in love with another person and sometimes when you see the person you become so happy that your eyes fill with tears. Once that happens, you are no longer seeing clearly. The same thing happens at the other end of the spectrum. When you are so full of rage, anger and hate, your eyes will fill with tears and your vision is blurred. It is distorted. You can no longer see clearly which is one of the reasons why in the Gospel According to Thomas there's a Teaching where Jesus says "Be a passerby."⁴ Don't get involved emotionally because once you do you'll lose clarity.

Fertilization

The next statement I found interesting was "approximately 3 days after fertilization, cells of the compacted embryo divide again to form a 16-cell morula (a solid ball of cells resulting from division of a fertilized ovum)...." What's interesting is 3 is understanding, and 16 turns into a 7, symbolic of a cycle.

"In the human, trophoblastic (a layer of tissue supplying the embryo with nourishment and later forming the major part of the placenta) cells over the embryoblast (is the mass of cells inside the primordial embryo that will eventually give rise to the definitive structures of the fetus) pole begin to penetrate between the epithelial cells of the uterine mucosa on about the sixth day." Remember, man is the number 6, made on the 6th day.

Implantation

"Uterus at time of implantation - The wall of the uterus consists of three layers: (1) endometrium or mucosa lining the inside wall; (2) myometrium, a thick layer of smooth muscle; and (3) perimetrium, the

⁴ Teaching #42

peritoneal covering lining the outside wall. From puberty (11 to 13 years) until menopause (45 to 50 years).”

In the United States and some industrialized countries we're seeing puberty begin at a much earlier age now. One major cause is the chemical hormones and precursors to them in the water and food supply. However, if we use the time periods that should be happening such as 11 to 13 and examine that symbolically we see that 11 equals 2 which is symbolic of balance and harmony. If we go to 12 which becomes 3 we have understanding and lastly if we wait until 13 which becomes 4 we have the advancement into womanhood, at least physiologically.

The time frame for the beginning of menopause is 45 years of age. Taking the number 45 and converting it to 9, which is cleansing, demonstrates the consistency of the numerology associated with the Universal Teachings. Menopause, as I have stated in my book “Disease Symbology Handbook” is symbolic of the change of expression for a woman.

Once a woman goes through menopause, her role, as one form of expression, changes from bringing forth a human being or having the potential to propagate the species is now altered. This is a time in life when it would be beneficial for a woman to explore other means of expression if she has not already done so. Sometimes, if a woman feels that she no longer has value because she cannot bring forth life, then there needs to be another form of expression. It doesn't mean that her life is over, it just means that she is evolving to the next level of being.

Developing a new, or expanding a latent expression requires an introspection, going inside yourself and understanding who you are, who you think you are and who you think you should be. All of these are necessary. Obviously, everyone should be doing this introspection every day. We should be questioning “where am I, who am I, am I getting closer to my goals, am I manifesting my spiritual gifts?”

Menses

“... the endometrium undergoes changes in a cycle of approximately 28 days under hormonal control by the ovaries.” Taking the same procedure as before we add the individual numbers and the sum is what we interpret from a symbolic perspective. In this situation $2 + 8 = 10$ and 10 represents handling as demonstrated earlier.

“Three distinct layers can be recognized in the endometrium: a superficial compact layer, an intermediate spongy layer, and a thin basal layer.” Again we see the number three (3) at work. This also highlights that there are understandings to be achieved within those things we think we already understand.

“During the following 3 or 4 days, the compact and spongy layers are expelled from the uterus, and the basal layer is the only part of the endometrium that is retained.” What I perceive from a different point of view, is that if 2 layers are being sloughed off, during this part of the menses process, it changes the time period from one of an opportunity to understanding and bring forth a child, a form of expression. This physical transaction brings the Self back to its fundamental unity, expressed by the number one.

2nd week

Moving on to the Second Week of Development: Bilaminar Germ Disc (It is an embryo which exists as three different germ layers - the ectoderm, the mesoderm and the endoderm) “At the eighth day of development, the blastocyst is partially embedded in the endometrial stroma.” (the supportive tissue of an epithelial organ, tumor, gonad, etc., consisting of connective tissues and blood vessels.) “In the area over the embryoblast, the trophoblast has differentiated into two layers.” This is on day 8 and 8 is material mastery and 2 is balance and harmony.

“Cells of the inner cell mass or embryoblast also differentiate into two layers.” Again, duality.

“...a small cavity appears within the epiblast. This cavity enlarges to become the amniotic cavity.” This is where the fetus will end up developing and this is during the 8th day.

“The trophoblast is characterized by lacunar (unfilled) spaces in the syncytium (the outermost layer of the trophoblast) that form an intercommunicating network. This network is particularly evident at the embryonic pole; at the abembryonic pole, the trophoblast still consists mainly of cytotrophoblastic cells. Concurrently, cells of the syncytiotrophoblast penetrate deeper into the stroma and erode the endothelial lining of the maternal capillaries. These capillaries, which are congested and dilated, are known as sinusoids. The syncytial lacunae become continuous with the sinusoids, and maternal blood enters the lacunar system. As the trophoblast continues to erode more and more sinusoids, maternal blood begins to flow through the trophoblastic system, establishing the uteroplacental circulation.”

By days 11(2) and 12(3), the umbilical cord is being established. To me this implies the need for balance between dependency and co-dependency, because the umbilical cord, the feeding and growing system for the fetus is being developed on these many days after conception. There is also the need for understanding because on one level the fetus is going to be drawing sustenance. On the other side it has to be maintained in balance and harmony. The catch is that we never break away from our co-dependency, and therein lies a crux of humanity.

The co-dependency is one reason why our personal history repeats itself, and it will until a person learns to have eyes that see and ears to hear. Through learning to read symbols and understand what the symbols are communicating to you is a very powerful tool. Symbols will help you to see what particular pattern of behavior is at work. Additionally because patterns flow in cycles the symbols will tell you where you are in the cycle of fulfilling the pattern. This gives you the opportunity to change the outcome. *You can stop your personal history from repeating itself.*

Life and knowledge.

When you learn something, it puts a different slant on how you think about it as well as the way you see it. Especially if you can see the energy behind the situation. When you see the energy behind it, the thought behind it then you know what you are facing.

If you can see the thought behind something you're looking at ... if you could see the particular thought that created the energetic stream that created that manifestation. Consider the fact that before anything is ever created by man it first begins as an idea, a thought. Whatever it is you're looking at is a manifestation of a particular thought or thoughts. If you can see and read those thoughts, then you begin to have a key toward the mastering of your life. In doing so that old cliché of your history repeating itself disappears.

Instead of your life running in a horizontal cycle, you end up altering that cycle. You alter it from running horizontal and begin to move it into a spiral. That way you're constantly making gains, you're getting a greater perspective on life. It's like being on a ferris wheel. The higher up you go, the greater the distance you can see. The more you understand, the more you comprehend, the deeper your perceptions become and the greater your understandings and the more powerful your control over your patternistic responses.

Earlier I mentioned some of the effects of BPA and how such a minute amount was creating problems, not only in fetal development, but it was also damaging the eggs in the females into the next generation. I found an interesting article in the Santa Fe newspaper, May 31st, 2009, edition. "The BPA industry aims to shine the chemical's image." They're frustrated at media portraits of phenol-A as a dangerous chemical. Food packaging executives and lobbyists are trying to promote that BPA is really good, that there are no dangers and it's a safe product. People will do and say anything for money.

I didn't know that it was in plastics as well. I get Mother Earth News, a magazine dedicated to natural and self sufficient living and I found the following in there. Apparently, someone had written something on plastics. The bottom line was that the woman said, "Thank you forever for the serious enlightenment and new awareness. I'm now talking to friends about this health threat. I will never again put plastic in my microwave oven."

Apparently, plastic wraps and maybe even plastic containers do vent gases of BPA. Along the same lines, there was a study done and presented at a breast cancer conference in Florida. It found that using drugs like Prozac, Paxil and Zoloft can virtually wipe out the benefit that Tomoxetine provides. The anti-depressants and some other medicines lower the amount of the active form. So it doesn't help you. Here they are giving you a drug for one thing, and then they give you another drug for something else.

13th day

The 13th day after fertilization. 13 is a 4 ... and 4 represents an advancement or a block in forward movement. Please bear with me with all the numerical symbology. You can make notes for yourself of the numerical symbology, that way when you start doing your dreams and paying more attention to those little tidbits that occur on a daily basis... because everything matters.

Your mind focuses your attention from time to time on different things for you to become aware of. In most cases because people are not taught how to use eyes and ears to gain guidance from within. Opportunities for learning and understanding are missed. When that happens it impedes true growth. It can also set in motion a pattern of behavior that will lead to a health condition over time.

When your mind draws your attention to something that's when you're supposed to really pay attention because that's when your mind is communicating with you and telling you something.

The beautiful thing ... and what I've found out over my 40 years of working with this material ... is that it never fails to provide an answer. It never fails to provide an insight. The level and depth of the understanding that can be achieved is really dependent upon yourself and how willing you are to continually ask yourself questions. In doing so you will come to understand Self at a much deeper, a more comprehensive level.

13th day

What's happening during this particular timeframe around the 13th day, two major processes are beginning to happen. 1) The embryonic sac is beginning to form. This is where the fetus will develop. 2) The umbilical cord also develops. Here is the source of sustenance. If one is to advance in life, one does require some source and form of sustenance. Where that sustenance comes from is a whole other issue.

What's taking place here is that a vehicle to house a soul is being built. In our lives, even as adults we require sustenance. We can do one of two things. On one level we are all co-dependent, in a general sense of the word. When we love another, when we think about the love we have for another human being, when we work with other people, wherever we're involved in doing anything that involves another, there's an element of co-dependency at work for sustenance. What is sustenance? It is that which fortifies you, that which strengthens you, that which gives you your gumption. What is it that provides you with sustenance?

People find sustenance in many different places. Take a look at our illegal drug culture. It's destroying and killing people. Yet in their minds it is what gives them the sustenance to face another day. Of course, facing another day in that realm in some areas is going out and doing whatever it is you can to get a dollar in order to get the drug to face another day. It's a vicious cycle.

The best thing that could happen in this country is that they legalize the drugs and set up clinics to help and educate addicts as to the en-

ergies that are at work in their lives. All anyone is doing at any level is fulfilling an expectation based on a pattern of behavior.

3rd Week

During the 3rd week the foundation is being built. As I was reading I came across this interesting statement: “The most characteristic event occurring during the third week of gestation is gastrulation, the process that establishes all three germ layers (ectoderm, mesoderm, and endoderm) in the embryo. Gastrulation begins with formation of the primitive streak on the surface of the epiblast.” The epiblast is the outermost layer of an embryo before it differentiates into ectoderm and mesoderm. It goes on further to say that everything is a result of coming from the epiblast. “Thus, the epiblast, through the process of gastrulation, is the source of all of the germ layers, and cells in these layers will give rise to all of the tissues and organs in the embryo.” That is what caught my attention.

First, the number 3, which means understanding. Then I thought about the word germ. What an interesting word to use in regard to thinking about the development of a human being. But what are germs? We’ve been told that germs are bad news. However germs are also symbolic of thought. An example is a seed. You take that seed and plant it in soil, or a wet medium, or even sprout it and let it *germinate*. If you’ve ever planted tomatoes, you know that one tomato seed yields a dozen tomatoes. So seeds, germs, thoughts, demonstrates the fact that you can look at a word and think of it one way, yet there are so many different applications and definitions to the word. If you automatically assume it one way, it doesn’t necessarily mean that you understood what the speaker was meaning. Understanding is everything.

It’s hard to break a pattern or eliminate a habit without truly understanding its cause because whatever caused it, that same energy is going to manifest somewhere else in your life. Energy doesn’t change. You can’t create it, you can’t destroy it. It’s the God within you ... it just is. However, it can alter its shape, its appearance, its form. Keep that in mind.

One of the other things I read that sounded interesting ... and I guess this is really what got me interested in wanting to do this symbolically ... and it's this particular statement. "... the cranial end forms first, and caudal regions are added as the primitive streak assumes a more caudal position." What they discovered in fetal development is that the brain, the mind, the head, those cells that compose that environment, that structure, that energy ... they are the ones that are established first for growing and sending signals. What this process is saying is that everything begins as thoughts in the mind.

A Universal Teaching that is paraphrased states "know what you're looking at." You can find this one in the Bible stated as "... for there is nothing covered, that shall not be **revealed**; and hid, that shall not be known." Matthew 10:26. The knowledge of symbology is thousands of years old. From a universal perspective you can learn this language and use it as a guide in every day life. More important than the universal perspective is your personal symbology. The symbols you have created based on emotional experiences. That's what you have to learn. it is the way that your mind provides you with guidance.

In the book I came across this, "The establishment of the body axis ... takes place before and during the para period of gastrulation." Here it's saying that your body axis, your right and left, is already determined before the process of gastrulation emanating from the epithelial layer ... this is going to form the 3 layers and they're going to make everything ... and here it's saying that even beforehand it's predetermined to be right or left. Then it goes on to talk about that it was mysterious to them on some levels. They don't know why. "... genes regulating right sided development are not as well defined, although expression of the transcription factor is restricted to the right side and probably regulates affecter genes responsible for establishing the right side. Why the cascaded initiated on the left remains a mystery, but the reason may involve small hairs on cells in the node that beat to create a gradient toward the left."

This demonstrates that on one level, we're coming in as spiritual beings, but we're leaning toward the left, the material side of life. This is

symbolic of the fall from Grace. This relates to the story in the Bible of Eve eating the apple. Think about the symbology of the apple from the Adam and Eve story. What's the standard symbology of apples?

Knowledge ... and everything comes down to knowledge. The story of Adam and Eve symbolically represent our entry into the material plane.

Apparently from the statements in the book the scientists are still having issues trying to understand how everything works. Then there's a particular node called the "organizer", and I thought that was really interesting too. "... the growth of the embryonic disk initially flat and almost round gradually becomes elongated with a broad syphollic and a narrow caudal (tail end of the body)." "In the vagination of surface cells in the primitive streak and the subsequent migration forward and laterally continues until the end of the 4th week." (advancement or block)

The cells on the surface of the primitive streak go inward, into themselves and using that to migrate both north and south, head to foot. They continue to do that until the end of the 4th week.

By the end of the 3rd week, "some of the cell core begin to break up into blood cells and blood vessels." If you worked with my book "Disease Symbology Handbook", you know that the circulatory system represents the spiritual aspect of Self, as does the blood because it carries oxygen. Oxygen is symbolic of Spirit because God lives in heaven. and it is one of the main things that feeds your brain. So, at the end of the 3rd week we are at a place of understanding and those physical things are being formed.

It astounds me to see how consistently when examining the process with symbology, how it relates to the growing and unfolding necessary for life on all levels.

Having and applying insights and understandings will inspire you to seek more knowledge. It's interesting that during the 4th week, the heart begins to beat. So in the 3rd week your blood vessels are being formed.

3rd to 8th Week

Symbolically this period reprints achieving understandings (3) so there is forward movement (4) resulting in material mastery(8). It is during this period of time that birth defects and malformations take place. In life it would be equal to projects not manifesting because there wasn't an understanding from the beginning.

“Malformations are caused by environmental and/or genetic factors acting independently or in concert.” We have talked about BPA and how that chemical affects the developing fetus and if it's a female developing the eggs of the next generation are also corrupted. The damage is built in then and there, insuring that any children that the developing fetus ultimately brings into the world will already have built into it genetic tendencies toward disharmony and imbalance.

There are so many environmental estrogens at work that it's scary. In addition to that, there is a statement in the book that “decreasing sperm counts and increasing incidences of testicular cancer and other abnormalities of the reproductive tract in humans together with documented central nervous system abnormalities ...” and then it has parentheses ... “(masculinization of female brains and feminization of male brains in other species with high environmental exposures. This has raised awareness of the possible harmful effects of these agents.” Remember the article mentioned previously about the fish.

These issues are occurring because of chemicals used for industrial purposes and pesticides. Even the animals are being fed hormones to make them heavier for slaughter so the farmer can get more money for them at market.

These hormones are stored in the fat, because those chemical hormones that are going into that body are not natural to the body, and therefore the body is working with them the same way it works with chemicals within your system. What cannot be rendered harmless and passed out of the body as a liquid, solid or gas is stored in the fat. This is done as a protective measure. Is it any wonder people are toxic and

disease ridden as well having cancer which is uncontrolled cellular growth. This is caused by chemicals corrupting the DNA and or gene expression within the cell.

Obviously, the thing to do is to clean up your diet, not only from a physical point of view, but from an emotional, spiritual and social point of view. What thoughts are you indulging in? What people are you hanging around that are conceivably toxic and are influencing a particular perception?

The 3rd to the 8th weeks of development are phenomenal. This is called "The embryonic period or the period of organogenesis." "... occurs from the third to the eighth weeks of development. It is a time when each of the 3 germ layers, the ectoderm, mesoderm, and endoderm give rise to a number of specific tissues and organs. By the end of the embryonic period, the main organ systems have been established rendering the major features of the external body form recognizable by the end of the 2nd month." Eight (8) weeks (symbolically material mastery).

No matter how you add up the numbers ... you get 8 by adding 7 and 1 ... 1 is unity and 7 is a cycle. So every time you move forward in a cycle of unity within based on understanding Self, male/female, material/spiritual, you move forward ... material mastery. 6 and 2 equal 8. 6 is the number of man and 2 is balance and harmony. When you're in balance and harmony, you have forward movement. 5 and 3 another combination adding up to 8. Understanding (3) your senses (5). Understanding your connections. Understanding your involvement. Understanding how you affect others and how others affect you. Knowing all of the energies that are at work gives you the opportunity to master material reality. Last, 4 and 4, and advancement or a block. When you stop and look at it and you start thinking about it ... this symbolic numerology based on the Universal Teachings ... and you start applying them to situations and things everything falls into place. Insights are achieved and understandings attained.

Another thing that creates problems is heavy metals. What was interesting is that in China it was brought to light by researchers that the mothers who had diets mainly of fish were giving birth to children with neurological problems. One of the problems was something that resembles Cerebral Palsy.

Scientists there found that the cause was organic mercury that was being spewed into the water by large industries. Mercury is poisonous to the body and mind. In the eighteenth century it was used in the hat making industry to round out the hats. It seeped into the body through the skin and eventually it affected the brains of the workers. Hatters developed mental problems and the disease was called “mad hatter’s disease” because it made them crazy.

Another issue with mercury is that there is an alleged link between it and autism, which is on the rise in our country. There is a belief that autism is connected to vaccinations because there are bits of mercury in many of the vaccines. We are told by the pharmaceutical companies and the government that the amount of mercury in these vaccinations is miniscule. However we’ve learned that even the smallest amount of BPA affects the body up to the third generation.

When the mother drinks sodas out of a can, the can is leaching the BPA, the baby that is being developed is affected by the BPA, then if it’s a female child the egg of that child is also being affected to the next generation. We are told that minuscule amounts are safe because they may not have seen anything directly because they wouldn’t come to light until twenty years later. Lead is another heavy metal ... associated with growth retardation, neurological issues, as well as miscarriages.

4th Week

By the end of the 4th week, certain cells are beginning to get organized and are beginning to form bone. Bones represent internal strength because they are your support system. Four as discussed earlier represents advancement in this application.

When you come to a situation and you're ready to move forward, do you move forward out of courage or need ? Do you move forward knowing that you have the strength to manifest your intent? Or do you approach the situation from uncertainty based on doubt and fear? If that's the case, then you're not going to draw on strength because you may not believe you have any. But you do.

The way to tap into your strength is to get your mind to function differently than it normally does. Whenever a situation comes up, the first thing your mind does is reads the energy of it, and asks the question: "how have I worked with this kind of energy in the past?" Your mind looks back to see how you handled it in the past. This is based on the Universal Teaching " look back in order to see ahead." You can see this Teaching in the Bible in Ecc3:15.

From one point of view, if you have concepts that tell you that you do not have strength, authority, ability or resources, then your mind will draw on those past results and actions that you took to bring those results to validate that you didn't have the strength, authority, ability or the resources.

What you have to do is train your mind by creating a new directive, a new concept. This one based on the gifts and abilities that reside within.. Currently your mind is functioning on automatic. Think of your mind as a bio-computer. With your computer you can hit or click on a particular icon and the program will be initiated. What you need to do is create different icons to create a different response than those that normally take place. Stop your personal history from repeating.

You have successes in your life. You wouldn't have gotten to where you are today if there weren't some successes no matter how small they were. Draw on them. We build muscle a little at a time and we get our strength pound by pound. We get our ideas searching moment by moment. You have ideas. You have successes that you can draw on. What you need to do is program your mind to do so. Here are a couple of ways to do that.

Get yourself into a relaxed state, a meditative state, a prayer state ... whatever you can do to center yourself and open up a conversation with God. Because we are taught that the kingdom is within ⁵ as well as without, open up a conversation with God that dwells within you. One of the names of the God that dwells within is “I Am”. This is one of the reasons why, when Moses had to free his people, he asked, “Who shall I say sent me?” The answer was, “I am that I am.” ⁶

Begin in this meditative prayer state talking to yourself, drawing on the God within, reprogramming your bio-computer. You do it by saying, “I am drawing on past successes. I am drawing on past strengths. I am handling this situation in a positive way.” You should do this every day. They say that it takes 28 days to create a new habit, a new pattern of behavior.

If you want to have forward growth, then what you have to do is set your mind on past successes so that you can bring those experiences, that energy, that know-how forward to the present. By bringing it to the present you change the current energy of Self and that allows you to begin to create a positive outcome in the future and especially in that particular pattern of behavior continues to unfold.

People want to work on everything at once. What I would say to you is to find the one concept that you feel could allow you to propel yourself into the next level of control, enjoyment, of being able to utilize the strengths you have. Find that concept that says, “No, you cannot have this in a positive way. No you cannot utilize this.” There is a reason for every concept we maintain. Remember, it stems from the fact that we want the acceptance of our mothers, so we want to be what she believes our specific gender should be. However, you have to go beyond that and break away from that belief. In that way you will not pass it on

⁵ Luke 17: 21 Neither shall they say, Lo here! or, lo there! for, behold, the **kingdom** of God is **within** you.

⁶ Exodus 3:14 And God said unto Moses, **I Am That I Am**: and he said, Thus shalt thou say unto the children of Israel, **I Am** hath sent me unto you.

to your children. Your mom acquired it from her mom who inherited it from her mom. This is one of the reasons that it's taught that these concepts are passed on generation to generation.⁷

On some levels, you almost have to turn away from your culture because the doubt may be woven into the culture and the way you approach things. It comes down to the Teaching that you have to hate your mother and father. It doesn't really mean that you have to hate them. It's that you have to look at the concepts and reject them, then begin to draw on the concepts that tell you that you are a part of God, that you are worthy, you have the right, the abilities and the resources to be what you want to be.

The only way you're going to know, believe, work with and manifest that reality is to find that one concept that creates the blockage, then understand it and open it up. You may find that it could be a floodgate. It could be like insulin coming into your body as the regulator and facilitator helping you utilize the sugar, the fuel your cells need. On one level there has to be a moderate approach and it has to be done with courage and conviction.

5th Week

The next cycle is the 5th week. What's interesting about that is that 5 represents your 5 senses. It's what plugs you into the material plane. You can see, taste, smell, hear and touch it. The good thing is your mind creates symbols to help you navigate within it and to find the path that leads to true life.⁸

Symbols are taking place in your life every day ... whether you're having them in dreams, occurrences, visions, accidents or health issues. Those five ways are the ways that your mind uses to communicate

⁷ Exodus 20:5 visiting the iniquity of the fathers upon the children unto the third and **fourth generation** of them that hate me;

⁸ Matthew 7:14 Because strait is the gate, and **narrow** is the way, which leadeth unto life, and few there be that find it.

with you to help you understand where you are at any given moment in any given pattern of behavior. Life is lived seeking to fulfill subconscious concepts that operate through patterns of behavior.

I can't emphasize enough how vital it is for you to begin to get a handle on your patterns. We all have them, they all flow in cycles, everything in the universe flows in cycles, including your personal patterns. This is why history repeats itself including your personal history.

The key is gaining control over your emotions. Everything stems from the emotions. Look at the concept of love. One aspect of that energy is the other person or object is everything you want or desire. There's nothing that you wouldn't do for them. On the opposite side of that energy is non-love which can manifest in many different ways such as indifference, apathy and even hate.

Isn't it interesting that you can love someone so much that your eyes well up with tears out of joy. It is also interesting that you can be in such rage and filled with such anger that your eyes well up with tears. In both situations, love and hate, when your eyes well up with tears you need to understand immediately that you are no longer seeing clearly. Your vision is blurred, distorted, corrupted. You're coming from an emotional place that is detrimental because you've lost clarity. Emotional control is the beginning of mastery over the ego.

9th Week

The beginning of the ninth week is called the fetal period. This is when a lot of the changes begin to take place. What's interesting is that nine (9) is the number of cleansing which we have discussed previously.

The initial growth and development takes place during this first 3 month period of creation. What are you currently creating and how long have you been working on it? Are you in the third stage or the fourth or the fifth stage? Has there been growth? Have you, as a person grown over the last three, four or five months? In what ways have

you grown? Or do you feel that you have diminished your stature. If so, why do you feel that way? What took place that made you question where you are and whether or not you still are the person you thought you were? Questioning becomes a fundamental key to growth.

During the third month, the face begins to become more human-like. During periods of understanding is when you develop your image. The symbology of the face is that it's the image you present to the world. Here it's saying that it's during the third month, during an understanding period, that your image becomes more defined. When you're understanding yourself and you are feeling that your coming from a place of power, a position of strength, it's easy from there to present an image to the world. "This is who I am." "This is what I'm about. Take it or leave it, this is what I'm about and this is me coming from understanding." So during the third month of development, the face is forming.

This is why I love this book. It is so succinct with the way life is developed when you look at it from a symbolic point of view. It shows you what needs to be understood what you can do with life when imploying the Universal Teachings and how life can be lived to provide all that you seek to have.

"As the fetus begins the 9th week of development, its demands for nutritional and other factors increase causing major changes in the placenta." What's happening here is metabolic process are beginning to function such as feeding and eliminating. Other factors also increase such as the need for vitamins, minerals, amino acids, proteins, fats and carbohydrates. These are the building blocks.

12th Week

The next thing I came across is ossification which takes place at the 12th week, which is the 3rd month differently. Ossification is the process when your body's bones are beginning to solidify and beginning to crystallize. What I decided to do was not converting it to a 3, and

looking at it as a 12. I did so because of all the 12's that came to mind. The 12 disciples, the 12 astrological signs, the 12 tribes of Israel, the 12 princes of Ishmael, and the 12 months of the year. If you were to do a Bible search on the number 12, it would astound you to see how many different ways it shows up.

There are twelve spiritual gifts that each of has, they are: Strength, Objectivity, Faith, Love, Perseverance, Expression, Knowledge, Understanding, Imagination, Healing, Will and Honesty.

The bones solidifying is symbolically equal to the inner strength setting its foundation for expressing those gifts.

At this time period, the sex can be determined because the genitalia is beginning to manifest and can be discerned by an examination. Then in the 4th and 5th months the book talks about how the fetus develops.

“By the beginning of the 4th month the placenta has 2 components.” And again, we see duality. What are the two components? From my point of view, I would say it's both the male and female aspects coming in to balance. It's also the spiritual and material. Whenever I think of the number 2, I think of ... spiritual/material ... male/female. I would suggest that you too seek to employ the same numerology in your examination of symbols when quantities are involved. It will provide a deeper understanding of the energies at work, some of which manifest as obstacles.

We all have obstacles in life. However when you can unify your male and female aspects of Self so that your perception is genderless and centered, and when you can unify that you are a spiritual being in a material body and that becomes clear in your mind and you can use that perception as well, then you can move any obstacle that's in your way.

Jumping ahead in the book it states the placenta “...is torn from the uterine wall and, approximately 30 minutes after birth of the child, is

expelled from the uterine cavity as the afterbirth.” 30 minutes is a 3. Game over. Understand its time to move on.

Remember that the placenta was made up of 2 components ... the maternal and fetal. Now, this is going further and saying that the placenta membrane itself is actually composed of 4 different layers. It's like each 2 has 2 within it. You begin to see how intricately involved the development of the human body is and how symbolic it is. I'm reading straight out of the book and then giving you my symbolic interpretations based on the Universal Teachings. Everything I do is based on the Universal Teachings.

The book goes on to say that “Normally, there is no mixing of maternal and fetal blood. However, small numbers of fetal blood cells occasionally escape across microscopic defects in the placental membrane.” What's interesting about that is that there are some conditions, including juvenile diabetes, where maternal cells have migrated into the pancreas of the developing fetus and the immune system, identifying the cells as non-self, goes after them to destroy them. They may be the very cells that are part of the beta cells that make insulin. By the immune system attacking them and destroying them, the fetus ends up developing juvenile diabetes. That is one situation that science has validated as one of the causes of that disease.

How some of this came to be in terms of understanding and enlightenment was that they discovered these events from transplant patients. You have heard when people have an organ transplant one of the things that has to be done is to suppress the immune system with drugs. In most situations the patient is told they will be on immune suppressing drugs for the rest of their lives.

Well, it has come to pass that there are some folks who have had organ transplants that no longer require immune suppressing drugs. Why? Because the body has accepted that gland or organ as being a part of self. The process is called chimerism. The chimera was a mythological creature that was a combination of 2 or 3 different creatures welded into one. Here, the body has 2 entities, self and non-self,

melded into 1 so that the immune system accepts the non-self gland or organ as being a part of the body.

I think the body, which is our vehicle that takes our consciousness from place to place to help us evolve and master material reality is a divine creation. Most take their bodies for granted and do not care for it to the best of their ability. Worse, they turn over the maintenance and care to people who have no idea what they are doing. They turn it over to the food companies and drug companies, who are stuffing it with artificial chemicals that are known to cause cancer, which is one of the reasons why cancer is on the rise in our country. If you want to be healthy, wealthy and wise, change your diet, crawl inside your head, ask the questions that I raise now and then and Work with the information. One of the tricks of mastery is application of the insights and understandings that you acquire.

If you understand that everything you do is designed to fulfill subconscious expectations of who you think you're supposed to be ... which has no bearing on who you want to be or who you really are underneath your ego. You have to diminish the affect that your ego has on your life. Not an easy task because the ego never wants to die and it will do everything it can to stay alive.

I want you to stay alive in a healthy place from a position of strength and loaded with Self knowledge so you deal with everything from a place of power ... so that you know whatever you are facing can be dealt with and that there is a positive solution. It may take some creative thinking and actions that may be something that upsets you or is uncomfortable. Nonetheless, it may be exactly what you need to do.

Another couple of process that the placenta participates in is the exchange of gases. Right now you and I are breathing in hydrogen, oxygen, nitrogen, and whatever other kinds of gases that are in the air. We too have an exchange barrier that seeks to protect our brain. It is called the dura mater. It is a covering on the central nervous system. It, too, is a membrane. Nutrients are extracted from the blood stream pass through the dura mater to nourish the brain and spinal column. In

the same regard as an exchange barrier waste materials are excreted back into the blood stream for elimination from the body.

The same thing is happening with the placenta during this developmental process, gases are being generated because the fetus is assimilating oxygen and expelling carbon dioxide. Oxygen is also a nutrient to feed the brain as well as every cell.

Oxygen represents spirit. Air is symbolic of spirit. Your bloodstream is symbolic of spirit because it carries oxygen to feed and nourish every cell in your body, especially your brain. 25% of your oxygen intake is relegated to your brain. Remember, your body is divine and intelligent way beyond us. So, if you are without spirit, you're dead. How many people do you know that do not function in a spiritual way? They can rationalize and justify every transaction they do, yet claim to be a very good this or that. This is one of those things that teaches that the fruit doesn't fall far from the tree.⁹ Sometimes it doesn't matter what you say, it's how you act and what you do. That's the bottom line.

The other thing that's interesting is that the placenta is involved in hormone production. Hormones are regulators, so you can see that during this particular process there is a need for regulation on many different levels. The same holds true for your endeavors.

1st Trimester

In the first trimester, the body is beginning to make all of the components of the complement system, which is an aspect of the immune system. It's a protective system to help the developing body to defend itself against alien invaders.

From the above its apparent that the first trimester establishes a protective foundation. Examining that from a symbolic perspective the first number to see is three which is symbolic of understanding. When

⁹ Luke 6:44 For every tree is known by his own **fruit**.

you can understand everything that is going on about a situation, you have the ability to defend yourself from attacks that could come from any direction. They can be from the people you're dealing with, a particular person, an agency or entity. All are symbolic of an energy force that you have to deal with. If you are without understanding of the forces you are dealing with, you are unprepared and you're vulnerable.

“Antibodies, maternal immunoglobulin G, begins to be transported from the mother to the fetus at approximately 14 weeks.” In keeping with the symbolic analysis 14 becomes 1 and 4. Adding them together you get 5. Five represents the senses that connect you to the material plane. During our journey in the material plane we require a strong defense system because of the nature of this reality.

Moving along ... newborns begin to produce their own immune globulin-G, however adult levels are not attained.

It's interesting that the amniotic fluid that the baby is living in is derived primarily from material blood, and the fluid increases at 10 weeks of gestation. It jumps to 450ml, and at 20 weeks it goes to twice that ... it's at 800ml to 1000ml at 37 weeks. This time frame is technically a week before delivery. This is the normal completion of fetal development and the child is ready to emerge into the outside world. Symbolically 37 would be a 10, which represents handling. Remember that 10 fingers allows you to manipulate and handle anything presented to you.

Any situation you find yourself involved in, you can utilize it to grow. Even if it is a negative experience. I say that from this perspective: first, by being able to identify and understand the energies involved you have the opportunity to extend the defenses necessary to prevent what you now understand from causing harm. That is the purpose of information. The more you know about yourself, the more you can see what's going on; the more you understand how reality is created, the more levels of understanding you are incorporating into the reality you

ultimately manifest. The more you know, the greater opportunity you have to achieve your goals.

The amniotic fluid is changed out every 3 hours. One of the things the fluid does is act like a shock absorber. Any jostling that goes on, the fluid will absorb the jolt so the tissues and bones that are forming will not be damaged. It also prevents adherence by coating the embryo so it doesn't get attached to the uterine wall. If attached that could allow for corruption. Also, because the fetus is swimming in a sea of fluid, it allows for movement.

Look at these processes from another point of view and apply them to your daily life. What is it that allows you to absorb the bumps in life? What is your reaction to the bumps you experience? We all get them. Do they bring you down? Can you absorb them, look at them and define a plan of action that will help you to vanquish them and help you to elevate yourself up and out of them? Or do you dwell on them? What are some of the things you are stuck on that are detrimental to you, that would intrude and create damage? What do you adhere to? What are the standards? What are the concepts you embrace and hold on to that on some levels may be absolutely harmful to your well-being. It's like constipation, which is symbolic of holding onto the past. The more fecal matter you hold on to in the colon, the more toxins you are absorbing. You're being poisoned. You have to let it go. It is the same with the past. It is no longer useful nor does it provide sustenance.

The last thing the amniotic fluid does is it allows for movement. How is it that you move? What circles are you moving in? What are you moving towards? What are you moving away from? There are a lot of different things to think about in life. People think it's an easy journey, and on some levels it can be because everything is a matter of perception.

The other side is that an individual wouldn't learn if they had an easy journey. It would almost be a trap because it's like muscles that are not used. They become flaccid. Muscles that are used grow and be-

come stronger through exercise. Generally, one continues to increase the weight against the muscle so that the stress of the opposition is what does the strengthening.

Look back over your life at some of the oppositional things you've encountered. It either made you stronger or it broke you. Just because you're broken doesn't mean you can't be fixed. Everything can be fixed if you understand what happened that set you up to be involved in that situation to create that outcome.

When you understand the concepts involved in that, it gives you an opportunity to change it and alter the outcome the next time the pattern comes around.

Months 3, 4 and 5

During the third, fourth, and fifth months the length of the baby is increased. Weight gain is something that takes place in the last two months before delivery. From conception to delivery is generally 38 to 40 weeks. Once again we the number 4 in action.

Another way that delivery dates are set is based on 38 weeks after fertilization. Thirty eight becomes a two indicating balance and harmony when understood.

Do not forget that two also indicates the aspects of male female and spiritual/ material.

It is up to us to seek balance and harmony in everything we do. To always keep in mind that we are spiritual beings.

At this point forward it is just a matter of further growth. Everything has been created and set in motion and now it's waiting for the right time to manifest in the outer material world. This is the same process of an idea. You conceive it and begin the processes to gather what you need to bring it to fruition. When everything is in place and the timing is right the idea will materialize.

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